

CMAS* course Studentenes Undervannsklubb Bergen. Autumn 2011. English.

Dag	Dato	Tidspunkt	Emne	Innhold	Sted
Wednesday	28.09.2011	18:00-22:00	Medical examination, Theory	Intro. Diving gear mounting and adjusting. Medical examination	Realfagbygget
Thursday	29.09.2011	18:00-22:00	Theory	Diving technique, pair diving. Physical conditions under water .	Realfagbygget
Friday	30.09.2011	18:00-22:00	Theory	Diving tables, diving computers. Diving practices and planning.	Realfagbygget
Saturday	01.10.2011	09:00-21:00	Pool diving	Water training	Start at SUB
Sunday	02.10.2011	09:00-21:00	Pool diving	Swimming techniques, buoyancy control.	Start at SUB
Tuesday	04.10.2011	18:00-22:00	Theory	First aid, anatomy, physiology.	Realfagbygget
Wednesday	05.10.2011	18:00-22:00	Theory	Diving medicine, Personal diving safety. Diving practice.	Realfagbygget
Thursday	06.10.2011	18:00-22:00	Exam	Exam and introduction to SUB	Realfagbygget
Saturday	08.10.2011	10:00-18:00	Sea dive 1 & 2	Sea diving	Start at SUB
Sunday	09.10.2011	10:00-18:00	Sea dive 3 & 4	Sea diving	Start at SUB
Monday	11.10.2011	17:00-23:00	Sea dive 5	Sea diving.	Start at SUB
Wednesday	13.10.2011	17:00-23:00	Sea dive 6	Sea diving.	Start at SUB
Thursday	14.10.2011	17:00-23:00	Sea diving	Extra day	Start at SUB
Saturday	16.10.2011	10:00-	Sea diving + Exam party	SUB clubdive + Exam party in the evening.	Start at SUB

Theory and Sea dives 1-6 plus two club dives are compulsory to pass the course.

